"Served up with Love!"

This heart shaped placemat, napkin and napkin ring, complete with a love note are the perfect backdrop for a delicious Valentine's Day meal.
Heart Placemat, Napkin and Napkin Ring

Supply List
1. A Variety of Coordinating Cotton Fabrics (Enough to create your design double sided see Step 1). INCLUDING a piece of heavy weight cotton canvas for placemat middle layer.
2. Iron on Fabric Adhesive
   (I use Heat n Bond, available by the yard at Pins & Needles, NYC.)
3. Thread
4. Pretty Branch for Hanging, Painted, or Natural
5. Card Stock
6. Stamp Set and Ink
7. Decorative Tape

Napkin Ring

Step 1: Create Double Sided Fabric for Napkin Ring Hearts
Follow the adhesive package directions for iron settings. Iron on adhesive paper side up to the wrong side of fabric. Remove the paper backing and place a second piece of fabric right side up onto the transferred adhesive. Iron and let cool. Fabric will feel relatively stiff.

Step 2: Cut out Pattern Elements
Once cut out, stitch around the entire edge of the Napkin Ring Background Heart, and stitch the top third of the Napkin Ring Pocket Heart (the bottom 2/3 will be sewn when adhering it to the background.)

Step 3: Pin Love Note Pockets In Place
Create a buckle in heart top by pinning one side and then placing your finger into the top of the heart popping heart up. Pin the second side. Sew.

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Napkin Ring continued...

Step 4: Sew Napkin Ring Band
With right sides together sew the Napkin Ring Band leaving an opening along the long edge to turn it inside out. Clip the Corners.

Step 5: Turn Right Side Out
Once right side out sew along the outer edges to make the ring more stable and to close the seam.

Step 6: Create a Loop and Hand Stitch to the Back of the Background Heart

Step 6: Cut out Love Note Paper Insert
Stitch around the paper edges and decorate with stamps and decorative tape... or whatever you like!
**Placemat**

**Step 1: Cut out Placemat Heart Fabrics**
The placemat is 3 layers. 2 decorative fabrics and one piece of heavy cotton canvas for the middle layer (to add weight).

**Step 2: Pin**
Stack the decorative fabrics right sides together and the canvas layer to the wrong side of one of the fabrics. Pin.

**Step 3: Stitch**
Stitch all 3 fabrics together. Leave a generous opening along the long edge to turn it inside out. A wider than usual opening is helpful as the canvas will make it a bit rigid and thick.
Heart Placemat, Napkin and Napkin Ring

Napkin Ring continued...

Step 4: Clip Curved Edge
Snip a V every on and a half or so. This allows the curve to remain flat once turned right side out.

Step 5: Turn Inside Out
I use a knitting needle to help me along.

Step 6: Press Edges Flat

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Napkin Ring continued...

Step 7: Stitch Around Outer Edge

Napkin

Follow Placemat directions. The only exception is that the napkin does not get a middle canvas layer.

See below for folding technique.